

# BLACK HISTORY MONTH

**Theme: The struggle continues – our roots  
make us stronger**

This October we've lined up some fantastic online events which all staff are welcome to join, including:

- Wednesday 6th: Black, Asian and minority ethnic (BAME) development session
- Friday 12th: 'Our contribution to the NHS and healthcare' guest speaker - Dr Vivienne Lyfar-Cissé
- Wednesday 14<sup>th</sup> and Thursday 15<sup>th</sup>: Caribbean and African cooking classes
- Thursday 29<sup>th</sup>: Overview of 2020 – reflections and celebrations
- Every Friday lunchtime: tune in for iconic Afro-Caribbean music

**Visit [gti/bhm](https://www.guysandstthomas.nhs.uk/gti/bhm) for full details and how to join.**

